

Group Facilitation

Thinking about running a group, doing a project, want to learn more?

An Intensive Training in Groupwork with Tamara Alferoff

12/13/14 March 2010 10.00am-5.00pm at CCPE

We will look at some theories on group dynamics, practicalities, what you may expect, and how to decide what sort of group to offer; we will have the chance to explore hopes and fears, to discover your strengths (and limits!) using the present group as a resource for here-and-now insights into the process. There will be an opportunity for each person to practise facilitating.

Intensive practice and feedback

The consultant role

Working with 'difficult' members

Facilitator Well-Being and Inner work

Being Here and Being There

Tamara has worked with groups of different kinds for over thirty years; she finds it a challenging, profound, and joyful way for us to learn more about ourselves and others.

Tuition £225 Cheque to Tamara Alferoff at 10 Inderwick Road N8 9LD or at CCPE. Deposit £50 secures your place. No-one will be excluded for lack of funds.

Please book early as numbers will be limited to allow time for everyone, and to create and maintain an intimate space.

020-8347 9737 or on cubalene@yahoo.com

What previous participants have said about these workshops:

"It really was intensive and captured everything I was expecting."

"Very many thanks for your openness, fairness, calm, and presence."

"Fantastic workshop!" "Thank you for a moving and resourceful weekend."

"Wonderful weekend - a powerful and inspiring learning experience."

"I know that I have grown enormously as a result. " "Very deep and meaningful work."